

Ingredients:

Serves 1

- (1) Medium large banana
- (2) Tablespoons of your favorite nut butter, apple butter or cookie butter spread



Peanut Butter Banana Lollipops

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Directions:

Step 1: Slice your banana into (8) thick slices. Ask an adult to help before using a knife.

Step 2: Spread your nut butter, apple butter or cookie butter onto one side of each of your banana slices.

Step 3: Sandwich together (2) slices of your banana until you have (4) sandwiches.

Step 4: Push your pretzel sticks into the center of each of your banana sandwiches like a lollipop.